



Annual Report

for the year ended 30 September 2011

The Yorkshire Rowing Council
c/o British Rowing
6 Lower Mall
London W6 9DJ

www.yorkshirerowing.co.uk

secretary@yorkshirerowing.co.uk

Introduction

The Yorkshire Rowing Council (YRC) is a body made up of representatives of all Member Clubs and Events affiliated to the British Rowing (BR) in Division 2.

The YRC believes that it can build for the future, grow and succeed by working towards the following:

- New participants through new partnerships
- Rowing for life through well-resourced Clubs
- Inspiration through success on the world stage

In line with the BR values and principles, the YRC is committed to:

- Encouraging and developing good practice to provide a transparent and accountable organisation at Regional and local level
- Providing equal opportunities to participate in rowing regardless of age, gender, disability, faith and ethnic origin
- Creating the opportunity for those with the desire and talent to join the BR Performance Pathway and achieve success at an appropriate level
- Valuing the work of volunteers and providing recognition, support and training
- Playing an active part in developing rowing as part of the broader sporting and social agenda, and to the benefit of local communities
- Providing a welcoming environment and support for participants to enjoy the sport at whatever level they choose to participate
- Encouraging and developing safe practices in rowing and the culture of safety in general

Executive Committee

Elected and Co-opted Officers:

Andrew Cawood	Chairman
Barbara Edwards	Honorary Secretary
Anna Heathcote	Assistant Secretary
Jon O'Connell	Honorary Treasurer
Terry Edwards	Divisional Representative
Alec Gilchrist*	Water Safety Adviser
Ken Wootton	Chairman of the Coaching Commission
Steve Newby*	Chairman of the Junior Commission
Phil Press**	Chairman of the Junior Commission
Andrew Shakespeare	Chairman of the Umpires Commission
Gill Porteous	Chairman of the Student Commission
Position vacant	Chairman of the Competition Commission
Bob Jones	Chairman of the Masters Commission
Claire Blackburn	Chairman of the Explore Rowing Commission
Stuart Ward	Yorkshire Head Secretary

*Standing down at AGM.

**Assume role after the AGM

British Rowing Coaching & Development Officer

Rob Cree

British Rowing Regional Start & Development Coach

Fiona Hill

Auditor

Angela Davison Honorary Auditor.

Chairman's Report (Andrew Cawood)

It has been another busy year in the Region, and I wish to thank everyone on the Yorkshire Rowing Council Committee and those who have supported the work of the YRC, particularly Alec Gilchrist and Steve Newby who are stepping down from the Council.

I also wish to welcome Fiona Hill who is the British Rowing Regional Start & Development Coach and will be working with athletes in the Region.

2011 has seen the end of the very successful Club & Coach program in the Region. The program, which lasted 3 years, provided funding for a professional coach, Eddie Bryant, to work with athletes in Doncaster and Sheffield Clubs and funding for coaching courses. A professional coach is a very valuable resource, supporting our hard working volunteers, and makes a huge difference. I would like to thank Eddie for all his work and everyone at the clubs involved who helped to secure the funding and supported the project over the 3 years.

The Club & Coach program provided funding for coaches taking the UKCC Level 2 & 3 Certificates in Coaching Rowing, and over the 3 years supported 72 Level 2 candidates, 10 Level 3 candidates and funding for 12 Regional training events. This support will be sorely missed, as other sources of funding for the coaching courses, such as from the Learning and Skill Council, are getting harder to obtain. All in all, this will mean that the courses will become more expensive for our Regional Coaches. As ever, the Region will continue to provide grants to people going on any coaching course, providing funding is available and the Regional grant is matched by the candidates club. The application for Regional funding and the small print can be found on the website (www.yorkshirerowing.co.uk).

The main source of funding for the Regional Rowing Council comes, as ever, from the Yorkshire Head. The 2010 Head raised £2277, and will be used to support rowing in the Region. For the successful running of this event we need a lot of volunteers, and I wish to thank everyone who supported last year's event, and for their continued support.

We currently have a very healthy bank balance, with which to support Regional rowing. Do you have a good idea? Please get in touch.

Water Safety Adviser (Alec Gilchrist)

The last year has seen an increase in reported accidents. 98% of the reports are capsizing due to incompetence. We had 2 serious incidents which involved injury, unfortunately one Club was a common denominator. Which led to me working closely with this Club to rectify this situation.

More work was carried out with Clubs holding regattas, to bring their Safety Policies to a good standard.

The Yorkshire Head was a great success, and was run with no incidents, as were other regattas during the year.

Nationally, we have been working on making the GB Rowing Web page more user friendly.

Chairman of Coaching Commission (Ken Wootton)

This has again been a busy year for the region. Two Level 2 courses were run, at Doncaster in February and at York in June. Both courses were full and I called in to both of them. Assessments are currently being organised for these courses. The L2 course planned for Bradford in October was postponed because of the lack of tutors in the region – this issue will not be resolved until British Rowing start training tutors again.

A “Safe and Strong Trunks” workshop was run in October at York.

I attended the National Coaching Committee in December 2010 and March 2011; I will be attending the next meeting on 10th December this year.

Steve Gunn visited the region for a talk in February and Richard Boulton in October; both sessions had good turnouts from all over the Region.

I attended a Coach Educators meeting in October where I met Fiona Hill and plans were made for coach education within the region for next year. A series of Level 2 courses have been planned for 2012 and Workshops will be run as and when British Rowing release the materials.

Chairman of Junior Commission (Steve Newby)

This year the Region has had a few success's notably St Peters School earlier in the year with a gold medal at the National Schools Regatta, with the school's under-18 boys crew of Rory Wells, Jeffrey Cho, Kenny Liu and Adam Janes, coxed by Helen Skinner, storming through their semi-final before edging to victory in the final at the Holme Pierrepont National Watersports Centre in Nottingham. The crew also winning at the Schools Head of the River, with cox Ali Stephenson. Adam Janes also just missing out on a top 3 finish at the World Junior Championships. At the National Championships in July a York City WJ15 crew also managing to reach their final.

At the JIRR in April the results for 2011 although gaining an overall score for both boys and girls this was fractionally lower than in 2010, which saw a stronger performance with fewer competitors. This will I am sure be carried forwards into 2012, as we have more juniors within the region that will be able to compete next year, with increasingly stronger clubs. Last year objections were made regarding the length of the course for some of the younger competitors. Increasing the length of the course to 2000m greatly disadvantaged regions like ours which also demoralised the junior competitors. Although I do appreciate the course length of 2000m prepares juniors for the future. As a whole this was not appropriate for this type of event. In some cases juniors would be arriving over the finish a minute behind other competitors. During the year comments were put to the organisers to rethink the length of the course for 2012.

On the 20th October the Yorkshire Rowing Council welcomed Richard Boulton, Chief Coach for GB Juniors to the region where he spoke at St Peters School York to some 90 people. Richard spoke about land training, & fitness, this complimented a previous talk by Steve Gunn (Head of GB Start Programme) on how to make boats go faster, looking at technique. Interestingly he spoke about, if the GB Junior squad do not have sufficient juniors or U23's to be at a competitive standard he would not send scullers or crew's just to fill places. When asked regarding the best age to start sweep oared he more or less said when the junior is ready, with no right or wrong age.

The GB Junior coaching conference was held on the 25th -26th September 2011. We recently welcomed Fiona Hill to the region who is the new British Rowing start and development coach for the region working primarily with 16- 22 year olds. Hope Fiona gets well soon.

I have decided to stand down this year. Thank You all for your support during the past two years. I would like to wish Phil Press good luck for the future.

Chairman of Umpires Commission (Andrew Shakespeare)

REPORT TO REGIONAL ROWING COUNCIL - AGM 2011

CANDIDATES

We congratulate Paul Harrison of Bradford ARC and Donald MacDougall of City of Sheffield RC who have passed the written stage of the umpires examination process following an umpires training course at Bradford ARC and Nollaig Heffernan from York City RC who passed the second stage of the umpires' examination earlier this year. The unfortunate cancellations of York Sprint and Bradford Autumn Regattas have set back the timeframe for their qualification as umpires; however we confidently anticipate their qualification in 2012.

We intend to hold further training programmes in February-April 2012 and we encourage Clubs, particularly those running their own regattas, to nominate umpire candidates and volunteer a venue. Please contact Andrew Shakespeare for more details.

SEMINAR

The Umpires Commission recently held a seminar at York City RC which was well attended

REGATTAS

Regattas have again reported difficulties in attracting umpires to their events. This concern was raised at the recent umpires seminar with several issues raised and we shall be introducing some facilities to augment the existing Yahoo group to help ease the situation.

The Umpires' Commission have maintained a presence at all bar one event in 2011.

LICENCE RENEWALS

The licences for thirteen of our umpires shall expire at the end of 2011. Of these, two licences will not be renewed.

Andrew Shakespeare

Chairman, Yorkshire Umpires Commission.

Chairman of Student Commission (Gill Porteous)

Indoor Rowing PwC/BUCS Yorkshire Indoor Championships - 4th December 2010

This was organised by Leeds University Students with help from Rob Cree. 138 Rowers - 121 students - turned up at "The Edge" sports centre of Leeds University in the foulest of weather to pit themselves against each other. There was a fabulous atmosphere and some good times were posted. The climax were the two relay races. The women's race was won by Lancaster University with Leeds Metropolitan University coming a close second but the Men's race was won convincingly by Leeds University beating Lancaster University. The men's Heavyweight was won by John Hall of Leeds Metropolitan University, Men's Lightweight Chris Horner of Leeds University Boat Club. Heavyweight Women - Rosy Temple of York University Boat Club and Lightweight Women Lydia Allan of Lancaster University. So as you can see very good results from our Yorkshire Universities!!

White Rose Head Race

On Saturday 29th January we had the first running of the White Rose Head. The entire event was organised by the students of University of York Boat Club with the help of Rob Cree and rowers from York City Rowing Club and held over the Small Boats Head course on the river Ouse. The aim of the regatta was to bring Yorkshire universities closer together, giving them the opportunity to compete with each other in a smaller environment than regattas are usually held in.

The competing universities were York, Leeds, Sheffield Hallam and Hull. Unfortunately, York St. John pulled out of competing at the last minute, and the Sheffield Hallam bus broke down on the way to York. However, the event still went ahead full swing, and the remaining three universities battled it out over a 3000 metre stretch to go down in history for winning the first race of its kind to be held in Yorkshire. University of York's senior women's 1st VIII won their race, and their senior women's 2nd VIII came second place. Leeds women won the VIII.

The men's four race was the most competitive and exciting, resulting in a dead heat between York and Leeds. University of York Men's captain John Appleton said "I think the day was a massive success and it is always nice to come away with a win but I think that the Club has really benefited from the experience and it was great fun to get out and race with the rest of Yorkshire's universities."

BUCS Regatta

This was held in May where students from Hull, Sheffield, Leeds and York universities made their way through to the Semi Finals and Small finals in Single sculls, Beginner 4+'s, Intermediate 4+'s Beginner 8+'s, Intermediate 8+'s and although no medals there was good racing and good representation for our Region.

York University Roses Competition

On May 14th was York University's Regatta challenge from Lancaster University, at which I am delighted to say York University was very successful. Sadly the Lancaster University Men's 8+ fell in at the steps at York City whilst attempting to row to the start. The rowing results ensured that York University won the Carter James Trophy once again from Lancaster. They have recently had to forgo their usual colours of light blue and dark blue for black and gold to bring them in line with the rest of the university.

British Rowing Talent Identification

On 15th May Rob Cree and Eddie Bryant ran an extremely well appreciated British Rowing Talent identification session at Doncaster RC. A total of 35 students representing the Yorkshire Universities (except Leeds Met Uni) had an inspiring three hours and the encouragement they received was vital for the continued development of university rowing. Another session is hoped to run in October.

Women's Henley

York University's women are the only women's crew from our universities who are entered for Women's Henley Regatta but must Time Trial for the last 16 places in both the Intermediate Academic 8+ and Intermediate Academic 4+'s. We wish them well.

Regional Rowing League

Throughout the summer crews from our universities competed all over the country with some good results and in our own Region they entered 33 regional races and won 13 of them and gaining good points in our Regional Rowing League.

York St John University

Have changed their colours.

Future

Indoor Rowing:- Once again our Region will be hosting a Price Waterhouse BUCS indoor Rowing Championships at Hull University on 27th November when we are hoping to see an increase in competitors!

White Rose Head:-Preparations are also well in hand by UYBC for the White Rose Head to be held on 27th January 2012 and to prepare for Leeds University to host the event in 2013.

Forum

It is hoped that a Forum will be started in the near future in order to bring the universities closer together to learn from each other, share facilities, coaching, trailerage etc. All the universities are looking forward to another great year 2011 to 2012.

Chairman of the Masters Commission (Bob Jones)

Having joined the Committee earlier in the year I have been (and still am) getting to grips with information technology communication and thinking about how I can best serve the Masters interests.

It has been said that if you hold office and do not hear from anyone then you are either doing a really good job or no one has heard of you. At this moment the latter is the case so I will be putting that right on it during the next 12 Months.

The biggest plus of the year from the viewpoint of members I have spoken to was the Wars of the Roses, an initiative started and managed by my predecessor Bob Cannell of Bradford with the event organisational demands seamlessly held together by Barbara and Terry Edwards. To manage the composition of 32 + scratch racing crews of varying experience is some feat. The fact that the event catered for National Masters Medallists as well as recent Learn to Row converts speaks volumes.

Not quite sure how I can step up to the mark with other initiatives but am working on it with Carol McGlone of Doncaster and currently we are waiting for a response from Paddy Ibbotson of BR Competition Events and hope to report something positive at the next Committee meeting. There is an active expanding Masters contingent whose aspirations are not met by existing racing/competition opportunities, be that at the higher capability or socially active levels.

On a more salient note my interest in the management of Masters competition at regattas and Head events etc. has become more keenly developed. More often than not the recommendations made by BR Masters Commission have been mis-interpreted or not clearly understood and I hope to work with event organisers to get it right in our region. The fact is that this is a national problem which has increased in direct proportion to the increasing active Masters numbers. The BR Masters Commission are currently considering these issues together with a revue of the Handicapping System

I would like those individuals who would like to open a dialogue on the above, or any other aspects that contribute to the furtherment and enjoyment of Masters Rowing, to make contact with me.

Chairman of the Explore Rowing Commission (Claire Blackburn)

Its been an eye opener into recreational Rowing. I have met with and made many contacts, from the Explore Rowing (ER) Coordinators Day to the Recreational Rowing Working Party (RRWP).

Explore Rowing is still being developed and with new features to help promote and aid clubs to expand into recreational rowing. With the Coordinators day's this has been to improve, expand and take away ideas to courage, maintain and develop clubs into bring in other aspects that maybe overlooked with clubs.

I am planning along side the North East on and Northern OTT Tours (R. Ouse, Poppleton – York – Naburn Lock, R. Tees (with adaptations), and R. Tyne basically copying the Great Tyne Row format). Hopefully, they will be held on a day trip over the summer 2012, that should follow on from Learn 2 Row programmes with a gradual increase of distance.

There are plans to set up a meeting in January with all or most of the Club coordinators for a discussion, hopefully involving the North East ER Commissioner and British Rowing ER Team, so we can organise L2R's in relation to the Tours to encourage people to carry on with the sport in a recreational environment for people to mix.

There are plans for a 2013 RRWP Tour, any ideas are warmly welcomed!!!!

Yorkshire Head Secretary (Stuart Ward)

This year jobs were split with Terry Edwards and Ken Wooton taking on the draw and informing competitors by email and referring them to the various safety and instruction documents on the website. I looked after the administration and BROE set-up with meetings of the organising committee conducted by conference calling on Skype.

For the coming year it would be useful for new faces to join us on the organising committee, not only for succession planning, but also to provide experience for those who may be called upon by their clubs to organise events. A YHRR representative/contact from each club would also be useful in organising volunteers.

For the first time we followed the increasing practice of events, by putting the poster on the website rather than posting copies. This was a cost and timesaving exercise as this year we had the added cost of providing a scaffold fire escape at YCRC to conform to regulations. Thanks must be given to YCRC for arranging this and for a contribution to the cost. YCRC are also having the fire escape erected for the Small Boats Head.

Overall the racing went well and many compliments were made on its organisation. In fact racing started about ten minutes before the scheduled times in both divisions and results were out in good time. We did have a couple of complaints - one regarding the placing of crews in the start order and both regarding balking. It is difficult to assess crew speeds even between various boat types and ages, but overtaking and being overtaken is part of head racing. Surprisingly some crews expect to have reductions in their times for baulking, which is against the Rules of Racing.

As ever some clubs and coaches do not ensure that their crews understand the instructions to competitors and the flow pattern at the finish. This year we re-enforced the marshalling at the finish to combat this. We will have to have a discussion about controlling crews returning to St Peters and Leeds Uni boathouse. Despite our control measures one crew managed to clash blades with a racing crew, due entirely to not keeping a good lookout, not keeping into the bank and being blasé.

Many thanks need to be given to the many volunteers who gave up their time on the day and to YCRC, St John's, and St Peter's for accommodating the competitors. Many thanks also to Barbara Edwards for once more the hard work in ensuring a full list of volunteers.

Finally I have been looking at the suggestion of running in tandem with the main event a Juniors' event from Maddies, setting off the junior race before the seniors. As yet I have been unable to see how to work out how to organise this in practical terms.

Your ideas would be most welcome.

I have been taking into account the following:

- Last year there were 15 junior crews including 8 J18s in Div 1 and 20 junior crews including 5 J18s and 2 J17s in Div 2.
- Will J18s and 17s want to compete over a short course?
- Some J16s and J18s are bumped –up to row as seniors IM3 & IM2 – they often do this to race for a medal (and win on occasions) if there is no appropriate competition in juniors.
- Some juniors are entered by their coaches as seniors to provide better competition for them.
- What would be the best way to marshal juniors at Maddies, how many marshals, timekeepers – starter etc?
- The juniors would have to set off at the behind the seniors so as to avoid a blockage at Maddies
- How long would we have to delay the senior start? Important if the weather is windy, wet cold.
- How long does it take an eight to reach Maddies from Rawcliffe?
- Trying to place all juniors in one division does not help clubs who rely on boat sharing – the events allocated to division was arranged to help clubs and boat trailing in this respect.

Next year's Yorkshire head of the River Race will take place on Saturday 3rd March 2012 floods and pestilence permitting.

Coaching and Development Officer (Rob Cree)

1. Coach Education

- Two L2 courses delivered over the year (Feb and June) involving 24 candidate coaches.
- 9/24 candidates already assessed. Outstanding assessments are in hand.
- Coach Education Team met in October to set L2 timetable for next year.
- Three courses are planned.
- We need one more tutor and one more assessor in the region
- 3 GB Seminars Run over the year; Steve Gunn (How to Make Boats go Faster), James Harris (Safe and Strong Trunks) and Richard Boulton (The Pathway from Junior to Senior GB Athlete)
- Time To Listen Workshop planned for December 6th
- Rigging Workshop planned for April 8th 2012
- No IR4YP courses run in the region; reflection of the paucity of indoor rowing in schools

2. L2 Historical Candidate Summary

- Total assessed = 83 / 129 (64%)
- Failed to complete / timed out = 20 / 129 (15%)
- Awaiting assessment = 27 / 129 (21%)

3. Clubmark

- 5 out of 6 open community clubs are accredited.
- Hull need to work towards accreditation as part of their Explore Rowing and HSCT funding.

4. Club Matters

- **York City RC.** Boathouse redevelopment ongoing. ER accreditation ongoing. HSCT working well in the club.
- **Hull RC** Explore Rowing in use. Club running L2R courses. Club recently involved in Humber Sports Partnership Corporate Challenge at Sirius Academy. Club awaiting delivery of recreational quad.
- **Doncaster RC.** Rebuilding after loss of CCF coach and CSC coach. New Junior coordinator and Club Welfare officers appointed. Juniors apparently flourishing. Regional Development Coach in post but off sick.
- **Leeds RC.** New Boathouse development ongoing. CDO awaiting Junior training plan before completing the ClubMark signoff.
- **Bradford ARC.** New boatshed/boats in use. First batch of PO boats have been delivered post refurb. HSCT continues to work successfully in the club.
- **Sheffield.** CDO helping DFRC with regard to replacement of launch
- **(Grimsby).** No further news
- **(West Yorkshire).** Possibility of working with BCU on creation of a new club... No further news.

5. Universities

- Continues to be a major area of work in conjunction with Universities commissioner;
 - i. CDO spoke at BUCS club reps day in Nottingham on Sunday 24th September
 - ii. Ran talent ID workshop which took place at Doncaster RC on 16th October. 26 athletes attended.
 - iii. CDO attended 5 out of 7 University Fresher's Fayres
 - iv. Yorkshire Universities / BUCS Indoor Rowing Championships to be held at Hull on 26th November 2011
 - v. White Rose Head in planning and projected to run on Saturday 28th January 2012

- vi. CDO encouraging all Universities to register their new members with British Rowing.

6. Juniors

- Region needs to appoint new regional Commissioner
- In 2012, the JIRR date will be in term time which may give us a greater chance of fielding a fuller team.
- CDO keen to get everyone in the region to buy in to the process, again, if there is an appetite to do so.
- We will be helped by the return to 1500m racing. This raises the possibility of doubling up.
- Fiona Hill will be running Talent Development Days for 16-22 year old once she returns. 1st possible is 10th December.

7. Communication

- Yorkshire Rowing Yahoo website membership
 - Feb 2011 84.
 - June 2011 157
 - Sept 2011 168
 - Nov 2011 188
- How can we increase this further?
- Can we add a Facebook group that is fed YHRowing posts?

8. Overview of the Past Year

Month	Highlight
Dec 2010	<ul style="list-style-type: none"> • CDO review process • Grimsby L1 • Yorkshire universities IRC • Coach Education Planning meeting • British Rowing ER team visit York City
Jan 2011	<ul style="list-style-type: none"> • CDO moves into New Office in Selby College • White Rose Head
Feb 2010	<ul style="list-style-type: none"> • L2 Doncaster • Meeting Lizzie Hughes Sport England NGB liaison • White Rose Wash Up • Steve Gunn Seminar
Mar 2011	<ul style="list-style-type: none"> • Yorkshire NGB Forum • CDO delivers pilot rigging Workshop in Peterborough • Wednesday Afternoon University visits
Apr 2011	<ul style="list-style-type: none"> • BR Coach Educator Upgrades in Marlow • HSCT starts delivery in Hull with Water Rowers • JIRR
May 2011	<ul style="list-style-type: none"> • University Talent Day • National Skills Academy bursary meeting
June 2011	<ul style="list-style-type: none"> • L2 York • CCF coach wash up meeting • Yorkshire representation at Henley!
July 2011	<ul style="list-style-type: none"> • Eddie Bryant leaves post for Durham School • Bradford PO Boat refurbishment approved • S Yorkshire GRI in Doncaster • Bradford Junior Sculling Camp • Bradford Boathouse opening + Boat naming Ceremony

Aug 2011	<ul style="list-style-type: none"> • Inspired Facilities Launched • Meeting SE Relationship Managers to discuss WSP targets • Meeting Queen Ethelburgas
Sept 2011	<ul style="list-style-type: none"> • Fiona Hill starts in post • Yorkshire NGB forum • University Club Reps Day and Fresher's Fayres • Start testing begins
Oct 2011	<ul style="list-style-type: none"> • Safe and Strong Backs Workshop • Coach Educators Meeting • Richard Boulton Seminar • University Talent Development Day • School Sports Partnership Conference (Telford)
Nov 2011	<ul style="list-style-type: none"> • Yorkshire Universities Indoor Champs

9. British Rowing Membership (Growth continues)

Date	Total British Rowing Members
March 2005	629
Nov 2006	749
April 2007	783
March 2009	903
March 2010	961
July 2010	939
Sept 2010	962
March 2011	1005
April 2011	997
May 2011	1043
June 2011	1045
July 2011	1032
Aug 2011	1044
Sept 2011	1046
Oct 2011	1065

10.2011 - 2012

- Liaise with clubs to aid club development and ultimately to increase club membership and British Rowing Membership
 - Ongoing; monitor figures on a month by month basis
- Collection of all regional Learn to Row registers to corroborate increasing participation for Sport England.
 - Clubs to submit names and basic contact information if possible
- Complete all club reaccreditation by end of 2012 (2 clubs)
 - York August, Bradford December
 - Hull now beginning
- Review HSCT coach by end of Yr 2; July 2012.
 - Not yet due
- Coach Education plans to be submitted by December 16th 2011.
 - Arranged but not submitted
- Look to develop a British Rowing Workshops program for Yorkshire.
 - Time to Listen 6th Dec 2011, Rigging 8th April 2012
 - Two more need arranging
 - Ongoing
- Work with schools and School Games Organisers to extend participation regarding indoor rowing in schools
 - Need to Lobby County Sport Partnerships (CSP) and Local Organising Committees (LOC)
- Indoor rowing programme to give a hierarchy of competitions from school to national level. Support these competitions.
 - South Yorkshire have their competition rearranged for 6th July 2011
- Work to increase roll out of Indoor Rowing for Young People (IR4YP) in schools
 - Ongoing; None achieved yet.
 - Target of 1 in South Yorkshire the year to Aug 2011 not hit
- Encourage clubs to apply for Explore Rowing either the Accreditation package or the Pioneer (Boat) package.
 - Hull to hit their targets with regard to increased participation.
 - YCRC Undergoing accreditation?
 - All regional clubs contemplating possibilities
- Raise profile of rowing in Yorkshire through links with Sport England, County Sports Partnerships, School Sports Partnerships, Community Sports Network, Local Authorities and the Health agenda.
 - Ongoing
- Implement British Rowing WSP and the Yorkshire forward plan.
 - Ongoing

Regional Start and Development Coach (Fiona Hill)

Thank you to everyone who has helped put plans in place for this new post within the region, and to those who have been very patient after my appendix had an agenda all of its own!

Start Athletes at Doncaster RC

Identification and testing of potential female Start athletes from Sheffield and Sheffield Hallam Universities occurred in September and by early October four athletes had been asked to participate on the scheme. They have all been very dedicated to their land training given the circumstances and will attend their first Start Camp at the end of November. Thank you very much to the members of Doncaster Rowing Club and the British Rowing coaches who were able to get the athletes on the water over the last month.

Excel Programme

This scheme is new to British Rowing and is only running in Yorkshire and Wessex for female athletes who are keen to push themselves in training and attend GB trials in Autumn 2012. Due to the age range of 16-22 years old athletes were initially identified from Yorkshire Universities and have since been invited to a selection day coinciding with the Introductory Regional Training Day. I am hoping through this day that there may be a few more athletes identified for this scheme as well, therefore please get in contact if you would like to attend.

Regional Training Days

British Rowing have implemented Regional Training Days within each region which aims to bring together athletes and coaches so they can train together, create strong composite crews and continue to keep the standard of performance rowing high within the Yorkshire region. Coaches are central to this programme, particularly for those athletes that wish to compete at trials next year and are asked to attend each regional training day alongside their athlete. The Introductory Day takes place on Saturday 10th December at Doncaster RC and has already attracted a good amount of interest from the region.

If you are interested in any of these programmes and in particular attending the selection day then please get in contact by email (fiona.hill@britishrowing.org).

These schemes will all be made successful by the commitment of Yorkshire athletes and their coaches. From what I have experienced so far I am already very excited about what this report will say next year.